

Minutes



INNER EAST HEALTH & WELLBEING SUB GROUP
DATE/ TIME : 9th October, 3.30pm Reginald Centre
CHAIR: Cllr Roger Harington

1.0 Present: Councillor Roger Harington (CRH), Councillor Ron Grahame (CRG), Liz Bailey (LB), Alison Cater (AC), Karen Peck (KP), Carly Grimshaw (CG)

Apologies: Councillor Vonnie Morgan

ITEM DISCUSSED	ACTION
<p>2.00 <u>Background to the meeting</u></p> <p>2.1 CRH welcomed everyone to the meeting and it was explained that the Inner East Area Committee had requested that a Health & Wellbeing sub group be established. This is to allow the Area Committee to work with those delivering Health & Wellbeing agendas in between the 6 monthly reports it receives, and to ensure that its priorities are carried out in the area</p> <p>2.2 It was agreed that this meeting would take place 6 times per year in line with the ENE Health & Wellbeing partnership meeting cycle, so that the sub group can feed into it. This also falls in line with the Area Committee cycle.</p> <p>2.3 The premise for this inaugural meeting had been agreed previously with the Chair to follow the three agreed priorities of the ENE Health & Wellbeing partnership; Obesity, Alcohol Abuse and Diabetes. Officers invited are to familiarise Members with existing work in the area so that they can consider how this aligns with Area Committee priorities and identify any gaps in provision</p>	
<p>3.00 <u>Obesity</u></p> <p>3.1 AC introduced herself as the NHS Health Improvement Specialist concentrating on; Harehills, Burmantofts & Richmond Hill, as these areas have been identified as priority areas for the NHS.</p> <p>3.2 She runs a multi agency partnership of local health workers in both areas, including schools and sport development officers. They focus on the 'Change for Life' campaign as it has recognisable, popular branding and clear messages.</p>	

	<p>3.3 All of the schools and children centres support this campaign. The partnerships have an Action Plan each of priorities and actions which AC is to forward to CG so that the sub group can use the plan as a basis for a wider Action Plan covering all of the Inner East. CG to then forward developed plan to Members to inform further discussion at the next meeting.</p> <p>3.4 LB informed the group that Health Walk Training is taking place in Seacroft so that the COPD support group established there can undertake safe exercise.</p>	AC/CG
4.00	<p><u>Alcohol Abuse</u></p> <p>4.1 LB, ENE Health & Wellbeing Improvement Manager, advised of a project they are hoping to run in the area if funding can be identified. It has been tried in Bolton, alcoholics are given cheap mobile phones which can only send and receive messages from to/the NHS. It allows NHS support workers to keep in contact with recovering alcoholics to provide ongoing support when the suffer feels it is needed.</p> <p>4.2 A discussion was had as to how we encourage people to take up these schemes. The Cluster Innovation funding was mentioned, which has just been released to Extended Services Clusters in priority neighbourhoods for them to employ a worker to tackle local NEETs, but not to duplicate any existing support that is available. This can include working with identified groups of young people who need specific support and perhaps substance abuse, or the circumstances which lead to it, could fall under this category. CG to circulate information on this to sub group and discuss with cluster.</p>	CG
5.00	<p><u>Diabetes</u></p> <p>5.1 AC raised that Bangladeshi boys have the greatest issue with obesity, and that this potentially means that they could have the biggest diabetes issue, particularly as ethnicity is also a factor in diabetes. She has had passages from the Koran which talk about Healthy Living translated into English and a booklet entitled 'Islam & Health' has also been created. These could be of use to those working on diabetes in the area.</p> <p>5.2 LB stated that she is meeting with the worker from Feel Good Factor commissioned to work in this field in our area, to identify their successes and look at where they need to try harder. To feed back to next sub group meeting.</p> <p>5.3 KP, ENE Active Lifestyles Officer, is pulling together an area wide programme of sporting activity available. To circulate to sub group once available, CG to use to inform Action Plan.</p>	LB KP/CG
9.00	<p>TIME AND DATE OF NEXT MEETING</p> <p>9.1 3rd December, 11am, Reginald Centre.</p> <p>9.2 CG to diarise meetings for remainder of municipal year.</p>	CG

